

Florida Department of Education
Curriculum Framework

Program Title: Home Health Aide
Program Type: Career Preparatory
Career Cluster: Health Science

PSAV

Program Number	H170604
CIP Number	0351260200
Grade Level	30.31
Standard Length	165 hours
Teacher Certification	Refer to the <u>Program Structure</u> section.
CTSO	HOSA: Future Health Professionals
SOC Codes (all applicable)	31-1011 Home Health Aides 31-9099 Healthcare Support Workers, All Other
CTE Program Resources	http://www.fldoe.org/academics/career-adult-edu/career-tech-edu/program-resources.stml
Basic Skills Level	N/A

Purpose

This program offers a sequence of courses that provides coherent and rigorous content aligned with challenging academic standards and relevant technical knowledge and skills needed to prepare for further education and careers in the Health Science career cluster; provides technical skill proficiency, and includes competency-based applied learning that contributes to the academic knowledge, higher-order reasoning and problem-solving skills, work attitudes, general employability skills, technical skills, and occupation-specific skills, and knowledge of all aspects of Health Science career cluster.

This program is designed to prepare students for employment as a home attendant, or home health aide (SOC Code 31-1011) or to provide supplemental training for persons previously or currently employed in these occupations.

The content includes, but is not limited to, instruction in those supportive services that are required to provide and maintain bodily and emotional comfort and to assist the patient toward independent living in a safe environment, as stated in Rules of the Department of Health - Minimum Standards for Home Health Agencies. Additional content areas to be included are: legal and ethical responsibilities; communication skills; basic human needs; a safe, clean, and healthy home environment; the developmental process; nutritional needs; emergency care; personal care; special care and rehabilitation needs of the client; household management; record-keeping; pet facilitated therapy; and employability skills.

Additional Information relevant to this Career and Technical Education (CTE) program is provided at the end of this document.

Program Structure

This program is a planned sequence of instruction consisting of 2 occupational completion points.

This program is comprised of courses which have been assigned course numbers in the SCNS (Statewide Course Numbering System) in accordance with Section 1007.24 (1), F.S. Career and Technical credit shall be awarded to the student on a transcript in accordance with Section 1001.44(3)(b), F.S.

To teach the courses listed below, instructors must hold at least one of the teacher certifications indicated for that course.

The following table illustrates the postsecondary program structure:

OCP	Course Number	Course Title	Teacher Certification	Length	SOC Code
A	HSC0003	Basic Healthcare Worker	REG NURSE 7 G	90 hours	31-9099
B	HCP0330	Home Health Aide	PRAC NURSE @7 %7%G *(Must be a Registered Nurse)	75 hours	31-1011

Regulated Programs

Basic infection control, first aid, cardio- pulmonary resuscitation (CPR)--heart saver level, vital signs, home-care skills and client care skills are integral parts of this program. Clinical experiences, where the student may practice, demonstrate and perform the procedures associated with bedside client care, are an appropriate part of this program.

Please refer to 42CFR§484.36 for the clinical requirements for the Home Health Aide program.

Section 59A-8.0095 Home Health Aide, Administrative Rules, Department of Health and Rehabilitative Services contain much valuable information for program planning. These rules require that if the Home Health Aide receives training through a vocational school where professional standards have been established in accordance with the State Board of Education, a certificate of successful completion shall be on file with the employer.

Common Career Technical Core – Career Ready Practices

Career Ready Practices describe the career-ready skills that educators should seek to develop in their students. These practices are not exclusive to a Career Pathway, program of study, discipline or level of education. Career Ready Practices should be taught and reinforced in all career exploration and preparation programs with increasingly higher levels of complexity and expectation as a student advances through a program of study.

1. Act as a responsible and contributing citizen and employee.
2. Apply appropriate academic and technical skills.
3. Attend to personal health and financial well-being.
4. Communicate clearly, effectively and with reason.
5. Consider the environmental, social and economic impacts of decisions.
6. Demonstrate creativity and innovation.
7. Employ valid and reliable research strategies.
8. Utilize critical thinking to make sense of problems and persevere in solving them.
9. Model integrity, ethical leadership and effective management.
10. Plan education and career path aligned to personal goals.
11. Use technology to enhance productivity.
12. Work productively in teams while using cultural/global competence.

Standards

After successfully completing this program, the student will be able to perform the following:

- 01.0 Demonstrate knowledge of the healthcare delivery system and health occupations.
- 02.0 Demonstrate the ability to communicate and use interpersonal skills effectively.
- 03.0 Demonstrate legal and ethical responsibilities.
- 04.0 Demonstrate an understanding of and apply wellness and disease concepts.
- 05.0 Recognize and practice safety and security procedures.
- 06.0 Recognize and respond to emergency situations.
- 07.0 Recognize and practice infection control procedures.
- 08.0 Demonstrate an understanding of information technology applications in healthcare.
- 09.0 Demonstrate employability skills.
- 10.0 Demonstrate knowledge of blood borne diseases, including HIV/AIDS.
- 11.0 Apply basic math and science skills.
- 12.0 Use verbal and written communications specific to Home Health Aide.
- 13.0 Demonstrate legal and ethical responsibilities specific to Home Health Aide.
- 14.0 Perform physical comfort and safety functions specific to Home Health Aide.
- 15.0 Provide personal patient care.
- 16.0 Perform patient care procedures.
- 17.0 Apply principles of nutrition.
- 18.0 Provide care for geriatric patients.
- 19.0 Apply the principles of infection control specific to Home Health Aide.
- 20.0 Provide bio-psycho-social support.
- 21.0 Perform supervised organizational functions, following the patient plan of care.
- 22.0 Assist with rehabilitative activities.
- 23.0 Perform home health-care services.

Florida Department of Education
Student Performance Standards

Program Title: Home Health Aide
PSAV Number: H170404

The **Basic Health Care Worker (HSC0003)** is referred to as the **Health Science Core** and is the first OCP in the majority of the PSAV health science programs. Secondary and Postsecondary students completing the health science core will not have to repeat the core in any other health science program in which it is a part. When the recommended sequence is followed, the structure allows students to complete at specified points for employment or remain for advanced training or cross-training.

PSAV Course Number: HSC0003
Occupational Completion Point: A
Basic Healthcare Worker – 90 Hours – SOC Code 31-9099

To ensure consistency whenever these courses are offered, the health science core standards (1-11) have been placed in a separate document. You can access the course standards and benchmarks by visiting this link:
<http://fldoe.org/core/fileparse.php/18567/urlt/health-sci-core-psav-cc-1819.rtf>

Course Number: HCP0330
Occupational Completion Point: B
Home Health Aide – 75 Hours – SOC Code 31-1011

12.0 Use verbal and written communications specific to home health aide–The student will be able to:
12.01 Obtain specified data from patient and family.
12.02 Utilize verbal and written information to assist with the patient's plan of care.
13.0 Demonstrate legal and ethical responsibilities specific to home health aide–The student will be able to:
13.01 Demonstrate legal and ethical behavior within the role and scope of home health aide responsibilities.
13.02 Follow policies and procedures concerning care as directed by the employer affecting the health, safety, and well-being of patients in the home setting.
13.03 Recognize and report signs of substance abuse.
13.04 Follow legal guidelines in charting.
13.05 Exhibit behavior supporting and promoting residents' rights.

13.06	Recognizes and follows limits if job restrictions.
14.0	Perform physical comfort and safety functions specific to home health aide–The student will be able to:
14.01	Maintain a clean and safe home environment for the patient.
14.02	Adjust bed and side-rails.
14.03	Transfer patient with mechanical lifters using proper body mechanics and patient safety measures.
14.04	Turn and position patient.
14.05	Apply protective devices as directed (e.g. vest or belt).
14.06	Apply comfort devices as directed (e.g. foot-board, over-bed cradle, alternating pressure mattress).
14.07	Assist patient to dangle.
14.08	Assist patient in ambulation, including the use of crutch, cane, or walker.
14.09	Assist patient in using wheelchair.
14.10	Assist patient with care and use of prosthetic/orthotic devices.
14.11	Administer back rub.
14.12	Identify emergency evacuation procedures with adaptations to the home setting.
14.13	Implement appropriate joint commission patient safety goals.
15.0	Provide personal patient care–The student will be able to:
15.01	Give bed bath; observe and report changes in patient.
15.02	Practice procedures for safety in the bathroom including the use of adaptive shower equipments such as shower chairs, long handled bath sponge, grab bars, extended shower hose, rubber mat in tub or shower, and rubber based rug outside the shower
15.03	Assist with shower or tub bath, including use of specialty tubs.
15.04	Assist patient with sink, tub, shower, or bed shampoo.
15.05	Shave patient.
15.06	Groom patient, including hair, skin, foot, and nail care.
15.07	Assist with and/or administer oral hygiene.

15.08	Assist patient with toileting.
15.09	Assist patient to dress.
15.10	Assist patient with meals.
16.0	Perform patient care procedures–The student will be able to:
16.01	Make unoccupied/occupied bed.
16.02	Assist patient in passive range-of-motion exercises.
16.03	Apply anti-embolic hose and sequential compression devices.
16.04	Collect, strain, and/or test routine urine specimen.
16.05	Monitor catheter drainage system.
16.06	Monitor fluid intake and output (I&O), including forcing and restricting fluids.
16.07	Observe, record, and report patient's emesis.
16.08	Assist patient with moist and dry heat applications to include the sitz bath.
16.09	Assist with ostomy care.
16.10	Collect stool specimen.
16.11	Care for patients receiving oxygen therapy.
17.0	Apply principles of nutrition–The student will be able to:
17.01	Identify nutrients and food groups.
17.02	Explain regional, cultural, and religious food preferences.
17.03	Describe special diets.
17.04	List factors that must be considered when purchasing food.
17.05	Prepare a basic food plan.
17.06	List factors that must be considered when storing food.
17.07	Identify methods of maintaining fluid balance.

17.08	Identify methods of food preparation.
17.09	Discuss preparation and serving of trays in the home.
18.0	Provide care for geriatric patients–The student will be able to:
18.01	Identify safety principles, as related to the elderly.
18.02	Describe general characteristics, particular needs, and problems of the elderly.
18.03	Identify attitudes and living habits that promote positive mental and physical health for the elderly.
18.04	Distinguish between fact and fallacy about the aging process.
18.05	Identify community resources and services available to the elderly.
18.06	Apply Reality Orientation Techniques and Validation Therapy.
18.07	Provide and involve patients in diversional activities.
18.08	Identify common alterations in elderly patient behavior or health status and follow up within the home health aide scope of performance.
18.09	Provide care for patients with special needs (e.g., impaired hearing, impaired vision, immobility, impaired body functions).
19.0	Apply the principles of infection control specific to home health aide–The student will be able to:
19.01	Provide care for patients with infectious diseases in the home.
19.02	Follow isolation procedures with food tray, garments, and other materials in the home.
19.03	Utilize standard precautions in all home care.
20.0	Provide bio-psycho-social support–The student will be able to:
20.01	Discuss family roles and their significance to health.
20.02	Respond to patient and family emotional needs.
21.0	Perform supervised management functions, following the patient plan of care–The student will be able to:
21.01	Organize patient-care assignments.
21.02	Complete assignments accurately and in a timely manner.
22.0	Assist with rehabilitative activities–The student will be able to:

22.01	List the purposes of restorative (rehabilitation) programs.
22.02	Assist patient with specified restorative (rehabilitation) needs.
22.03	Assist patients/residents to reach the optimum level of independence.
23.0	Perform home health-care services--The student will be able to:
23.01	Follow an established work plan with the patient and family.
23.02	Perform patient-related cleaning tasks and laundry.
23.03	Identify methods for medication storage.
23.04	Assist patient with taking self-administered prescribed medication in the home, and identify possible side effects and emergency procedures for adverse reactions in accordance with F.A.C. 59A-8.0095.
23.05	Demonstrate how to utilize equipment and supplies in the home.

Additional Information

Laboratory Activities

Laboratory investigations that include scientific inquiry, research, measurement, problem solving, emerging technologies, tools and equipment, as well as, experimental, quality, and safety procedures are an integral part of this career and technical program/course. Laboratory investigations benefit all students by developing an understanding of the complexity and ambiguity of empirical work, as well as the skills required to manage, operate, calibrate and troubleshoot equipment/tools used to make observations. Students understand measurement error; and have the skills to aggregate, interpret, and present the resulting data. Equipment and supplies should be provided to enhance hands-on experiences for students.

Special Notes

Reinforcement of basic skills in English, mathematics, and science appropriate for the job preparatory programs occurs through vocational classroom instruction and applied laboratory procedures or practice.

This program meets the Department of Health's education requirements for HIV/AIDS, Domestic Violence and Prevention of Medical Errors. Although not a requirement for initial licensure, it is a requirement for renewal, therefore the instructor may provide a certificate for renewal purposes to the student verifying these requirements have been met.

Outcomes 01-11 are referred to as the Health Science Core and do not have to be completed if the student has previously completed the Core in another health occupations program at any level. The Core should be taken first or concurrently with the first course in the program. Following the successful completion of the core, the student is eligible to take the National Health Care Foundation Skill Standards Assessment with instructor approval and the completion of a portfolio.

MyCareerShines is an interactive resource to assist students in identifying their ideal career and to enhance preparation for employment. Teachers are encouraged to integrate this resource into the program curriculum to meet the employability goals for each student. Access MyCareerShines by visiting: www.mycareershines.org.

Career and Technical Student Organization (CTSO)

HOSA: Future Health Professionals is the intercurricular career and technical student organization providing leadership training and reinforcing specific career and technical skills. Career and Technical Student Organizations provide activities for students as an integral part of the instruction offered.

Cooperative Training – OJT

On-the-job training is appropriate but not required for this program. Whenever offered, the rules, guidelines, and requirements specified in the OJT framework apply.

Accommodations

Federal and state legislation requires the provision of accommodations for students with disabilities to meet individual needs and ensure equal access. Postsecondary students with disabilities must self-identify, present documentation, request accommodations if needed, and develop a plan with their counselor and/or instructors. Accommodations received in postsecondary education may differ from those received in secondary education. Accommodations change the way the student is instructed. Students with disabilities may need accommodations in such areas as instructional methods and materials, assignments and assessments, time demands and schedules, learning environment, assistive technology and special communication systems. Documentation of the accommodations requested and provided should be maintained in a confidential file.

Note: postsecondary curriculum and regulated secondary programs cannot be modified.

Additional Resources

For additional information regarding articulation agreements, Bright Futures Scholarships, Fine Arts/Practical Arts Credit and Equivalent Mathematics and Equally Rigorous Science Courses please refer to:

<http://www.fldoe.org/academics/career-adult-edu/career-tech-edu/program-resources.shtml>